



ENFOLD PROACTIVE HEALTH TRUST

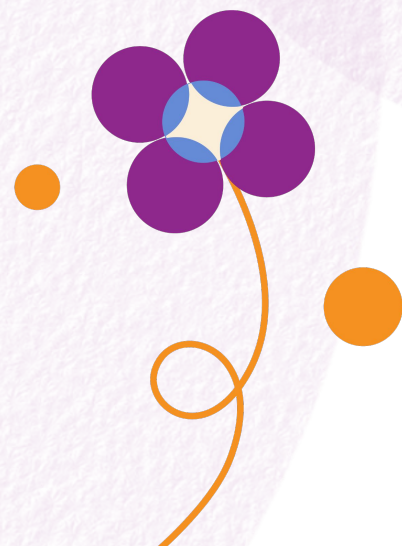
Annual Report

2025-2026

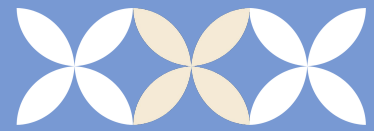


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Note from Enfold's Trustee



The year 2025-2026 saw Enfold stride towards achieving its Mission and Vision through the conscientious and untiring efforts of its dedicated, multidisciplinary teams in the areas of Prevention, Suvidha Project, Support and Rehabilitation, Restorative Practices and Research.

- ✦ The programmes spanned across diverse settings in schools, universities, Child Care Institutions (CCI) and community spaces reaching children, including children in difficult circumstances and those with diverse abilities and learning needs, educators, parents, youth, field functionaries, professionals, decision and policy makers. Alongside its in-person initiatives, Enfold expanded its online outreach to foster dialogue, leadership, and critical engagement on issues related to gender, sexuality, and child rights. Continued knowledge exchange and collaboration with organisations further helped advance inclusive, rights-based approaches to sexuality education and child protection.
- ✦ The **Prevention** team continued its work towards demystifying sexuality and creating safer, informed, and rights-based communities through capacity-building programmes, community engagement, and leadership initiatives. During the year, Enfold launched the 11-month Lokleadership Fellowship to nurture grassroots leaders on issues of gender, sexuality, and child safety, while the Global Coalition to promote Comprehensive Sexuality and Personal Safety Education created spaces for dialogue on issues affecting children and adolescents, contributing to approaches grounded in care, dignity, and rights.
- ✦ Under the **Suvidha Programme** – Enfold's initiative on Comprehensive Sexuality Education for children with disabilities- the Suvidha Suraksha Kit was made more accessible through translation into five regional languages and ongoing digitalisation efforts to expand its reach. The project also piloted a Life Skills and Personal Safety Programme for children with intellectual disabilities in Pavagada Taluk, Tumkur District.
- ✦ The **Support and Rehabilitation** team remained committed to providing sustained psychological, social, and medico-legal support to child victims and their caregivers throughout the justice process and beyond. The team's efforts contributed to child-sensitive systemic responses, including enabling video-conference testimony for a 10-year-old child from West Bengal to prevent retraumatization through travel, and facilitating access to long-term mental health care and rehabilitation services.



The **Restorative Practices** team furthered conversations and practice around restorative approaches and justice by working with Child Care Institutions (CCIs), civil society organisations, and frontline staff in urban and rural settings. In addition to conducting life-skills, personal safety, and sexuality education sessions, the team facilitated restorative circles and launched the Samadhan Centre for Restorative Justice to support conflict resolution, healing, accountability, and reintegration.



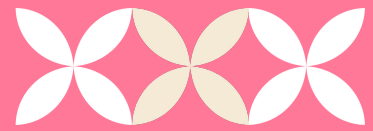
Enfold's **Research** and Policy initiatives continued to contribute to systems strengthening through capacity building, fellowships, consultations, publications, technical support, and participation in state and national working groups. The team worked on developing guidelines, standard operating procedures, workbooks, and legal and policy recommendations relating to child protection and child rights. Enfold also continued to support government departments and committees through technical guidance, documentation, and research initiatives that inform practice and policy.

Enfold prides itself on staying abreast of emerging issues impacting children and on building a sensitive and skilled team. Strengthening internal capacities remained a priority during the year, with a focus on facilitation practices, reflective learning through internal dialogue, and expert-led sessions on emerging issues, POCSO and POSH laws, trauma-informed care, implicit bias, Diversity, Equity, and Inclusion (DEI) and understanding self-harm in children and adolescents. These efforts continue to strengthen Enfold's ability to respond with sensitivity, skill, and accountability.

Through partnerships with organisations, institutions, national and global networks, Enfold continues to contribute to a larger movement, one that is advocating for inclusive, evidence-based and compassionate approaches to gender-equity, sexuality education and child protection. The annual report provides the detailed landscape of Enfold's initiatives.

– **Karuna Bishnoi, Trustee, Enfold Proactive Health Trust**





Enfold Proactive Health Trust was founded in 2001, with a vision to ensure an environment of safety and dignity for all children, where each child can fully realise their rights. Our mission to build safe and inclusive communities has led our approach towards educating as well as empowering children and adults. Since our inception, we have successfully contributed towards creating content and imparting awareness, and developing mechanisms to address sexuality and personal safety, gender-based violence, and sexual and domestic abuse. Enfold also undertakes rehabilitative and restorative work in the juvenile justice system, by providing psychosocial and medico-legal aid to victims under the POCSO Act, 2012, and also promoting the adoption of restorative practices in institutions including Child Care Institutions (CCIs), with a special focus on children in conflict with the law. We have been constructively collaborating with the State through policy and system strengthening, in order to ensure that the rights of children are respected, promoted and fulfilled.



MISSION

All children living in safe environments with dignity, enjoying their rights.

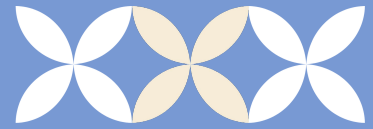


VISION

To advance children's dignity, safety, rights, and access to justice, through child-centred systems, evidence-based laws, education, and restorative and inclusive communities.



Our Reach (as of March 2026)



2,68,727+
Children & Adolescents



in **1,161**
Schools, Colleges and Child Care Institutions



97,710
Parents, Teachers and Support Staff



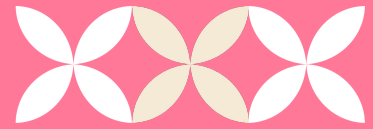
19,529
Police, Doctors, and Judiciary



17,346
Social Workers and Counsellors



5,858
Government Officials, JJB members and Child Care Institution staff



Creating Safer Spaces and Preventing CSA through Comprehensive Sexuality & Life Skills Education

KEY HIGHLIGHTS

◆ **Creating Safer, More Informed Spaces for Changemakers through Capacity Building Sessions**

In 2025, Enfold continued to work alongside schools, universities, government institutions, and civil society partners to build environments where children and young people feel safe, informed, and respected.

Over the year, 12,147 students and 2,769 participants ranging from educators, support staff and parents engaged with us through sessions on gender, sexuality, personal safety, child protection, and digital wellbeing.

Our programmes continued across diverse settings including schools, universities, Child Care institutions, and community spaces reaching children, educators, parents, and professionals. Through partnerships with organisations, institutions, and global networks, Enfold continues to contribute to a larger movement, one that is pushing for inclusive, evidence-based, and compassionate approaches to gender equity, sexuality education and child protection.

◆ **Demystifying Sexuality, Enfold's flagship program**



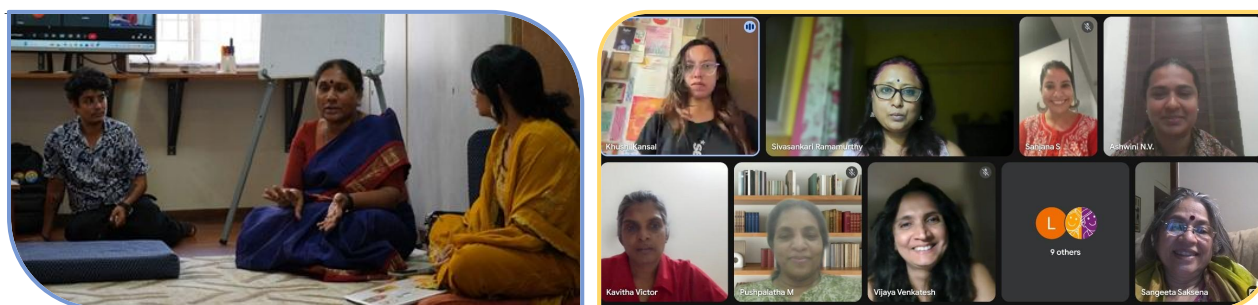
Enfold's flagship 5-day course, Demystifying Sexuality (DS), was conducted for individuals seeking a deeper understanding of sexuality, gender, relationships, and age-appropriate engagement with children on these topics. The programme created a safe and inclusive space for open dialogue, critical reflection, and learning. A participant shared—

“I only understood sex as dirty/shameful/misogynistic/misandrist. But this course gave me a new perspective on what it is like in the younger years to not have agency and explore these topics without knowledge of the subject. Also, most topics are only seen as taboo and the real facts get marred in the fog of misconceptions.”

Enfold's work engaged a wide and diverse ecosystem: students, teachers, school staff, parents, and youth. While large-scale student outreach was achieved through sustained curriculum-based sessions, targeted workshops and training strengthened teacher capacity and institutional responses to child safety and well-being. Online initiatives such as the Enfold Lok Leader Fellowship further expanded reach, fostering leadership and critical engagement on gender, sexuality, and development.

Educational videos in Hindi were developed to support adolescents in Child Care Institutions (CCIs) with age-appropriate sexuality education. The videos covered puberty, physical and emotional changes, sexual and reproductive health, pregnancy, contraception, relationships, and personal boundaries. Designed as accessible learning resources, they aimed to provide accurate information and promote healthy understanding among young people.

Through consultations and knowledge exchanges with organisations such as TARSHI, Snap Inc., YLAC, UNESCO, Goa University, and QABLE, Enfold continued to advance inclusive, rights-based approaches to sexuality education and child protection across diverse contexts.



At the same time, we invested in strengthening our own facilitation practice. Through internal learning spaces and expert-led sessions on life skills, spiritual intelligence, challenges of transgender people, and mental health, our team continued to deepen its ability to hold sensitive, meaningful conversations.

A year-long capacity-building program covering POCSO and POSH laws, Trauma-Informed Care, and understanding self-harm in children and adolescents. It also included a session on seeing from the lens of transgender people, equipping facilitators to create safe, empathetic, and responsive spaces.



🔸 Conversations That Matter: Global Coalition Dialogues

Throughout the year, the Global Coalition served as a meaningful platform for dialogue on often-silenced issues affecting children and adolescents. Quarterly meetings addressed important themes such as [digital safety](#) and how adolescents navigate online spaces, [sexual abuse of children and adolescents with different disabilities](#), and [growing up intersex](#), with a focus on care, identity, and early lived experiences. These conversations brought together practitioners, caregivers, young people, and experts to shift the narrative from protection rooted in fear to care grounded in respect, rights, and autonomy. A key outcome was the development of a guideline document to support the healthy development of children under 8 years, reinforcing the importance of information, inclusion, and trust. Details of these coalition meetings and meeting reports are available on [Enfold's website](#).

🔸 Building Grassroot Leaders, Reaching the Last Mile Communities

In 2025, Enfold launched an 11 month LokLeader Fellowship with the objective of nurturing grassroot leadership to support the needs of people in the last mile communities via-a-vis gender, sexuality and child safety. The 2025 cohort included 15 fellows across various Indian states and 3 countries, with gender diverse identities. The fellowship supports participants in enhancing knowledge of the themes, facilitation skills, conducting community sessions, and expanding conversations on gender, safety, and wellbeing in diverse local contexts.

PARTNERSHIPS AND COLLABORATIONS

Prevention programmes were implemented across Bengaluru, neighbouring districts, Pune, Noida, and online platforms, reaching schools, early childhood spaces, higher education institutions, and civil society organisations through sessions on child safety, gender, sexuality, emotional well-being, bullying, restorative practices, and child protection using the Enfold curriculum, Demystifying Sexuality curriculum, and customized modules such as POCSO and CSA awareness.

The Prevention Team strengthened its outreach through partnerships with educational institutions including TCIS, Greenwood High, NPS, TISB, Prakriya, Poorna, Harrow, Lawrence School, KLAY, Bright Horizons, and Azim Premji University, along with collaborations with United Way Bengaluru, BUZZ India Trust, WeLive Foundation, Smile Foundation, NIMHANS, Macmillan Education, and the medical community. These collaborations supported teacher training, community awareness, adolescent education, institutional safety, and the integration of Comprehensive Sexuality Education and child protection processes across schools, communities, and healthcare systems.

Collaboration with the Department of School Education, the Department of State Education Research and Training, Karnataka.



In collaboration with the Department of School Education and DSERT, Karnataka, along with NGOs Dream A Dream and Room to Read, Enfold contributed in developing content for a statewide **Value-Based Student Workbook**. Enfold developed 113 of the 214 classroom activities across ten core values and supported the design and layout of the curriculum resources. Released on Children's Day by the Hon'ble Chief Minister of Karnataka, the curriculum aims to embed respect, safety, and empathy in classrooms across 56,306 schools, reaching over 5 million students. Enfold is also supporting Teacher Transaction Modules and statewide training of Master Resource Persons for effective implementation.

Enfold also developed **bilingual short videos (in [English](#) and [Kannada](#))** on the 'Safe School concept' for the Education Department. These videos were played across the State during the Parent-Teachers meeting held on Children's Day, 14 November 2025. Separate age-appropriate videos for primary, middle, and high school levels addressing personal safety rules, digital safety, restorative parenting, recognizing signs of abuse, and appropriate response and reporting mechanisms under child protection laws. These resources supported parents and caregivers in creating safer, respectful, and informed environments for children and adolescents both at home and in school.

PUBLICATIONS & RELEASE OF REPORTS IN 2025-26

Policy Briefs

Enfold collaborated with The Metropolitan Institute, with support from UNICEF Hyderabad, to develop and launch policy briefs on integrating gender, sexuality, mental health, and student well-being into school and higher education systems. These briefs brought together policymakers, educators, practitioners, and students to promote holistic, rights-based approaches to education. The [online launch](#) featured key leaders from government, WHO, and education sectors, highlighting the need for systemic, restorative, and collaborative frameworks for student well-being.



The brief on "Mainstreaming Gender, Sexuality, and Mental Health in Higher Education" was launched by **Ms. Rina Sonowal**, Joint Secretary of Higher Education; **Dr. Subrahmanyam**, former Secretary of Higher Education (MHRD); **Sonikutty George**, Child Protection Specialist at UNICEF; **Dr. Shakila Singh**, Gender Professor at the University of KwaZulu-Natal; **Dr. Aditi Arur**, Assistant Professor of Psychology at Christ University; and Prahlad, a law student from NLSIU. The speakers highlighted the importance of embedding inclusive, gender-responsive, and mental health-informed frameworks within higher education institutions.

VOICES FROM THE FIELD

→ It was really educative to learn the changes in the body at this age.

→ I also learnt many life skills and cyber security awareness and ways to prevent.

→ The teachers ~~are~~ like ~~kausha~~ mam listened to all our doubts and explained us calmly.

→ My biggest takeaway was that someone actually talked about the kind of stuff no one would discuss to us about. ~~not even parents~~ I was able to discover a lot through these 2 weeks which would help me throughout my life. ~~A little to~~ I feel like Enfold has covered all topics and I am fully satisfied.

The sessions were very informative and helpful. It helped me realise the problems that are not noticed and need immediate action. It also made me understand the importance of child safety and many other things. Awareness about these topics need to be spread in many more areas.

I think the sessions were very useful. I learnt some new information related to POCs & also child safety. I think these classes need to be made more common in all schools.

Q1. Your biggest take away..

Ans:- Learning the challenges faced by the very humans on Earth. Raising awareness for ourselves and our safety. Learning our surrounding and how to defend ourselves by saying no. How people manipulate..

Enfold really helped me with my emotional control. What I liked about this session is that they like to interact with people about important things like ~~our~~ safety :- offline and online. I also like how they explain things more elaborately. ~~But~~ And I also like the way how Lishya Mam explained us about periods and our body changes (basically puberty).

Our teachers were kind & interactive and nice. I do not have any problems with Enfold class. I mainly learnt about my body when I grow up and how to manage my periods in my teenage years and my years before menopause. It was really very helpful.



• The sessions were quite fun with engaging lessons taught by our teacher.

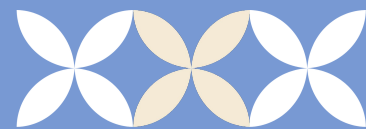
• Maybe the sessions could last longer like 2 weeks for more new topics.

• I learnt not to feel ashamed of your body, it's who you are, to and to respect others most importantly ourselves

creating safe spaces



Strengthening CSE and PSE through Impact Assessments



KEY HIGHLIGHTS (2025-26)

- ◆ Independent Senior Researcher Dr Vinalini Mathrani and her team, comprising Sneha Kakodikar and Thripathi Perlap, are conducting **three impact assessment studies** on Enfold's CSE and PSE programmes for children. Two of these focus on **Enfold's school programme**. The third study looks at Enfold's **Suvidha Project** for children with intellectual disabilities (IDs) and autism spectrum disorder (ASD).

STUDY 1

Stakeholder Perspectives: School Programme on Gender, Sexuality, and Personal Safety Education



This study is located against the backdrop of existing organisations working in similar spaces to contextualise Enfold's work and enable a measured impact assessment. It is a largely **qualitative** study amplifying the voices of **12 facilitators, 54 alumni** and **164 students of Classes 4, 7 and 9** from private schools engaged with Enfold for **five years or more**.



Data were collected from November 2024 to April 2025 through **mixed-methods questionnaires and in-depth interviews**.



The first draft of the report was completed in February 2026. The findings reveal the programme's **largely positive impact**.

- The facilitators and alumni **grew personally and professionally**, evidencing **long-term impact**.
- The students appreciated exposure to topics they could not otherwise **discuss openly**.
- They were able to use this information effectively.



The report also presents their **triangulated recommendations** to enable **programme improvement and reflexivity**. These were further strengthened by drawing from current practices of other NGOs working in similar thematic areas.

VOICES FROM THE FIELD

"I understand that it is okay to show feelings and to cry. This does not make you weak." (Girl, Class 7)

"I learnt about pubertal changes in a mature scientific way, instead of relying on the middle school rumours I had been exposed to earlier." (Alumnus, Man, 22-24 years)

"I relate to the girls I teach because I was also brought up like them. I have now learnt to accept and respect myself for what I am." (Facilitator, Woman)

STUDY 2

Impact Assessment of the Gender, Sexuality, and Personal Safety Education Programme in New Schools



This is a largely **quantitative** study involving over **1000 students** of **Classes 4, 5, 7, and 9** from low-income, government, and government-aided schools that were exposed to Enfold's programme for the first time.



It seeks to understand students' **shifts in knowledge and attitudes** resulting from the programme, and use these findings to inform its **improvement**.



Data were collected in two batches using **pre- and post-tests**. Post-tests were administered four to six weeks after programme implementation.



Data collection for Batch 1 was completed in February 2025, and Batch 2, between August 2025 and February 2026. Findings from Batch 1 were presented to the facilitators in May 2025, as part of the study's iterative and action research framework. Consolidated data processing and report writing are in progress.

STUDY 3

Understanding the Impact of an Intervention on Gender, Sexuality, and Personal Safety Education for Children with Disabilities



This is a largely **quantitative** study involving **21 teachers** and **109 students** from nine centres in Bengaluru, Mulbagal, and Mysuru.

The study involves two parts:

- The **impact assessment of a training** for teacher/mental health professionals (MHPs) on CSE and PSE for children with disabilities using pre- and post-tests gauging **shifts in knowledge and attitudes**
- Ascertaining the effectiveness of the Suvidha Suraksha Kit using pre- and post-use forms documenting **shifts in students' behaviour**

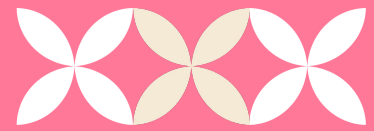


Teacher/MHP training sessions were held in three batches, from January to April 2025. **Pre- and post-tests** were administered from January to May 2025. Post-tests were administered one to two months after the training.



Student pre-use form data collection was held from January to April 2025. Post-use forms are expected to be administered one year after consistent Kit usage. This process is underway. Report writing has been initiated, and will be completed once all the post-use data has been collected.





Suvidha – a Unique Program for Children with Disabilities

KEY HIGHLIGHTS (2025-26)

Scale & Reach



16+

trainings & engagements delivered across India



5,778

stakeholders reached
(*min. documented reach*)



420

participants engaged through large convenings



165

hours of structured training & capacity building

6 intensive **18 hour** trainings (core model for behaviour change)

2 medium-duration **12 hour** trainings

Multiple **1.5–3 hours** sessions for awareness & orientation

Geographic Footprint



Expansion to **Shillong** (North-East India)

Pan-India reach through national online trainings

Strong implementation in **Karnataka, Tamil Nadu** and **Kerala**

Diverse Stakeholders



Teachers, special educators, caregivers, parents



Psychologists, counsellors, developmental pediatricians



NGOs and disability-focused organisations



In Rural areas
Village rehabilitation workers, medical relief workers, accredited social health workers

Focus on Inclusion & Accessibility



Trainings delivered in **multiple languages** (Hindi, Tamil, Kannada, and English)



Programmes and resources tailored for children with **intellectual disabilities, autism, visual and hearing impairments**



Offline training in Tamil for Sristi Foundation



Online training in Hindi

- In October 2025, Suidha team hosted the **8th Quarterly Global Coalition** meeting, focused on [Addressing Sexual Abuse of Children and Adolescents with Different Disabilities](#). The session engaged 310 participants and featured a diverse panel, including a caregiver, a child psychologist, a lawyer, and a teenage participant sharing their perspectives.
- In October 2025, a 3-hour **needs-based assessment of Mobility India** was conducted. Mobility India provides services and develops prosthetic limbs for individuals with physical disabilities.
- The Suidha Kit was showcased at **We Nurture Foundation's Open House** held in January 2026. The event aimed to bring together parents, caregivers, educators, and community members working closely with children with special needs, and was attended by 110 participants.
- Exhibited the Suidha Kit at the conference on **"Autism in the Global South: Culture, Community, and Neurodiversity"** held at St. John's National Academy of Health Sciences, Bengaluru, in January 2026.



Training programme in collaboration with the Disability NGOs Alliance



Suidha Kit showcase at WNF's Open House

ONGOING PROJECTS AND SUPPORTING PARTNERS

1. Capacity Building & Training

- Delivered trainings on gender equity, comprehensive sexuality, and personal safety to adult stakeholders across 10 organizations supporting children with intellectual disabilities and autism (supported by the Ford Foundation).

2. Accessible Learning Tools & Kit Distribution

- We provided a Suvridha Unisex Kit to each of the 10 partner organisations (supported by the Ford Foundation).
- Developed specialised kits to improve accessibility (supported by the Global Fund for Children): Suvridha Sparsh Kit (for children with visual impairment) Suvridha Drishya Kit (for children with hearing impairment)

3. Localisation & Language Inclusion

- Translated the Suvridha Kit into Tamil, Malayalam, and Marathi (supported by the Ford Foundation).
- Developing Suvridha Sparsh social scripts in Kannada to enhance accessibility for regional users (supported by the Global Fund for Children).

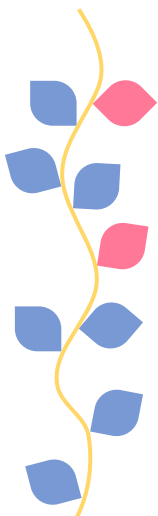
4. Digital Innovation & Accessibility (supported by the Ford Foundation)

- Digitised four Suvridha Kit activities on Enfold's [website](#).
- Partnered with EdQueries to digitise additional kit activities, improving access for children with diverse learning needs.

5. Community-Based Implementation

- Piloting a Life Skills and Personal Safety Program for children with intellectual disabilities in Pavagada Taluk, Tumkur District.
- Implemented in collaboration with Disability Network Alliances and Narendra Foundation.

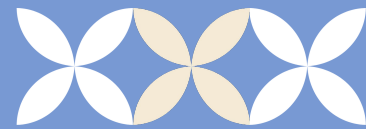
MILESTONES



Suvridha Suraksha kit is now available in **5 regional languages** (Kannada, Tamil, Malayalam, Marathi, and Hindi)

Sristi Foundation from Pondicherry has collaborated with Enfold for co-creating a book titled **“Breaking the Silence: A Comprehensive, Accessible Guidebook in Tamil on Sexuality for Persons with Intellectual and Developmental Disabilities (IDD)”**

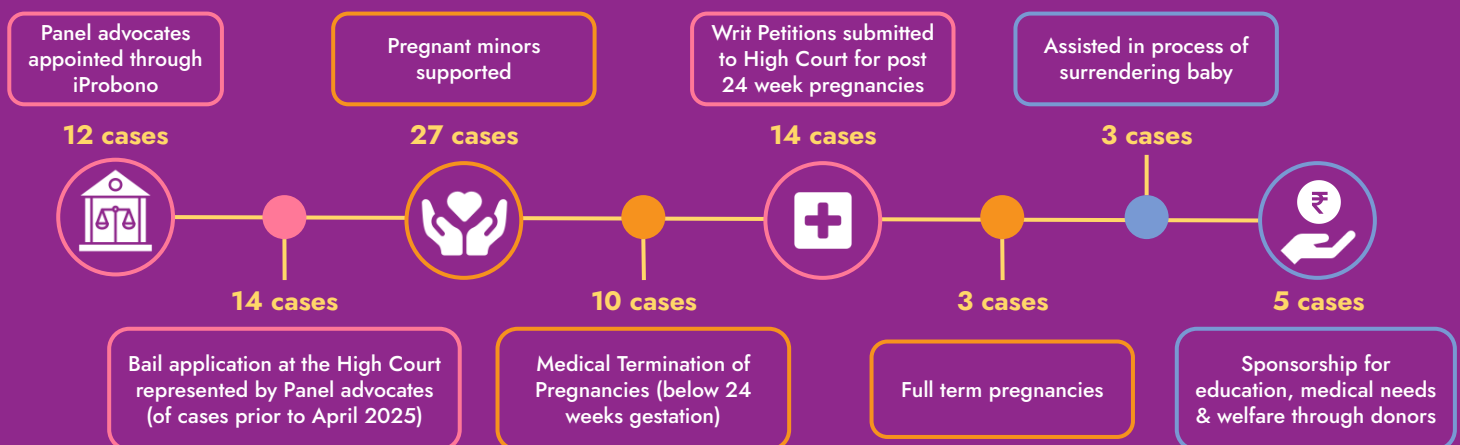
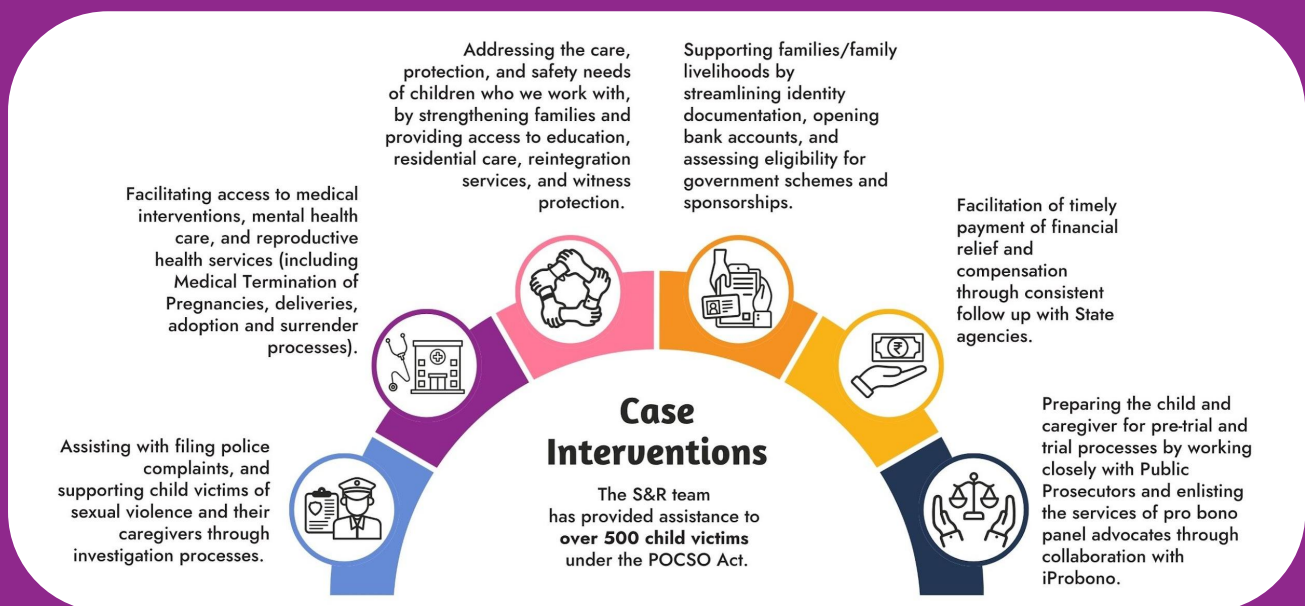
Support & Rehabilitation Team



Advancing Support & Rehabilitation of children who face sexual violence

The Support and Rehabilitation (S&R) team at Enfold has spent over **15 years** assisting children who have faced sexual violence. Their mission is to provide end-to-end **psycho-social and medico-legal support** to victims and their caregivers throughout the criminal justice process. This support is sustained until the completion of the criminal trial in court and continues until the child's life has been significantly normalized and stabilized.

Currently, the team supports over **150 children**, and has received information about nearly **100 new cases** in the 2025-2026 period alone. Of these, the team was appointed as Support Persons by Child Welfare Committees (CWC) in **56 cases** across Bengaluru Urban and Rural districts.



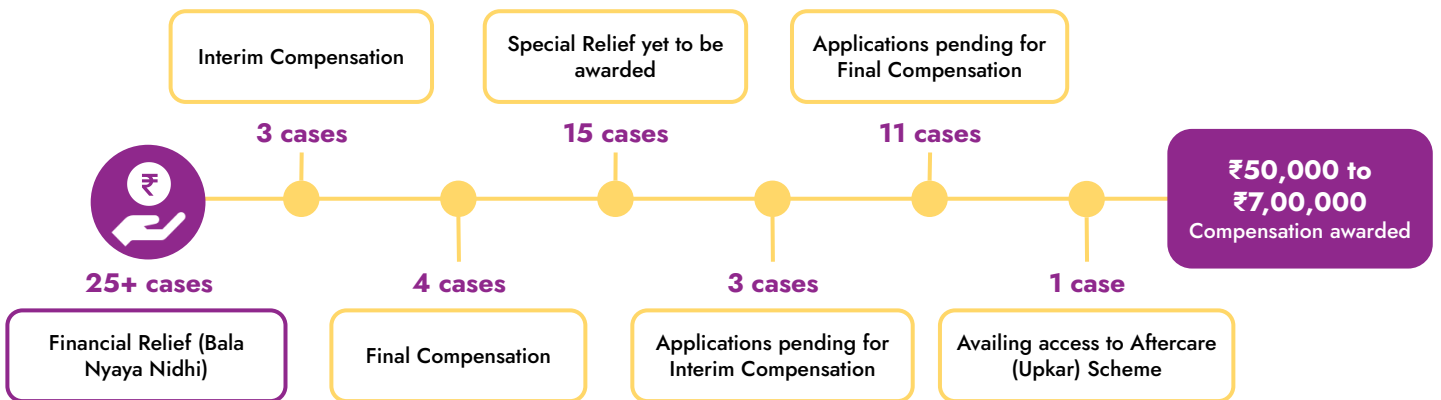
Overview of case related support

KEY ACCOMPLISHMENTS & TRENDS (2025-26)

Criminal Justice System Trends



- Faster Trial Disposals:** The designation of additional Fast Track Special Courts has reduced the time for recording child’s evidence. Over the last year, it has reduced from over 6 months to just 2-3 months.
- Empanelment as Para-Legal Volunteers (PLVs):** Team members were empanelled by the District Legal Services Authority (DLSA), Bengaluru Urban, allowing for direct case referrals from POCSO courts.
- High Incidence of Pregnant Minors:** The team supported 27 pregnant minors this year, surpassing numbers from previous years.
- Low Conviction Rates:** Out of 14 cases disposed of by the trial court, only 3 ended in convictions, while 11 resulted in acquittals. Reasons for acquittals included family compromises, victims turning hostile, and investigation lapses.







Overview of financial support to children and families

Strategic Interventions & Advocacy



The S&R team pushes the system beyond routine procedures through several key strategies:




- Video Conferencing (VC) Evidence:** For the first time, the team coordinated the recording of a 10-year-old child’s entire evidence via VC, preventing the need for the child to travel from West Bengal to Bengaluru.

- 
Witness Protection: The team successfully advocated for protection orders under the Witness Protection Scheme (2018) for a child and family facing threats, ensuring the child victim could safely attend her 10th-grade exams.
- 
Remote Assistance: Support was extended to cases in Assam, Nagaland, West Bengal, and Tamil Nadu for migrant families or children who travelled to Bengaluru for employment, education, or in situations involving elopement.
- 
Care-leavers: Some children, upon turning 18 years of age, were assisted in the process of being released from Child Care Institutions (CCIs) through submission of self affidavits to CWCs.
- 
Networking: The team maintains constant engagement with CWCs, police, medical officers, and District Child Protection Units (DCPUs) to ensure seamless care for victims.



Visiting homes of children supported by the team

Holistic Rehabilitation

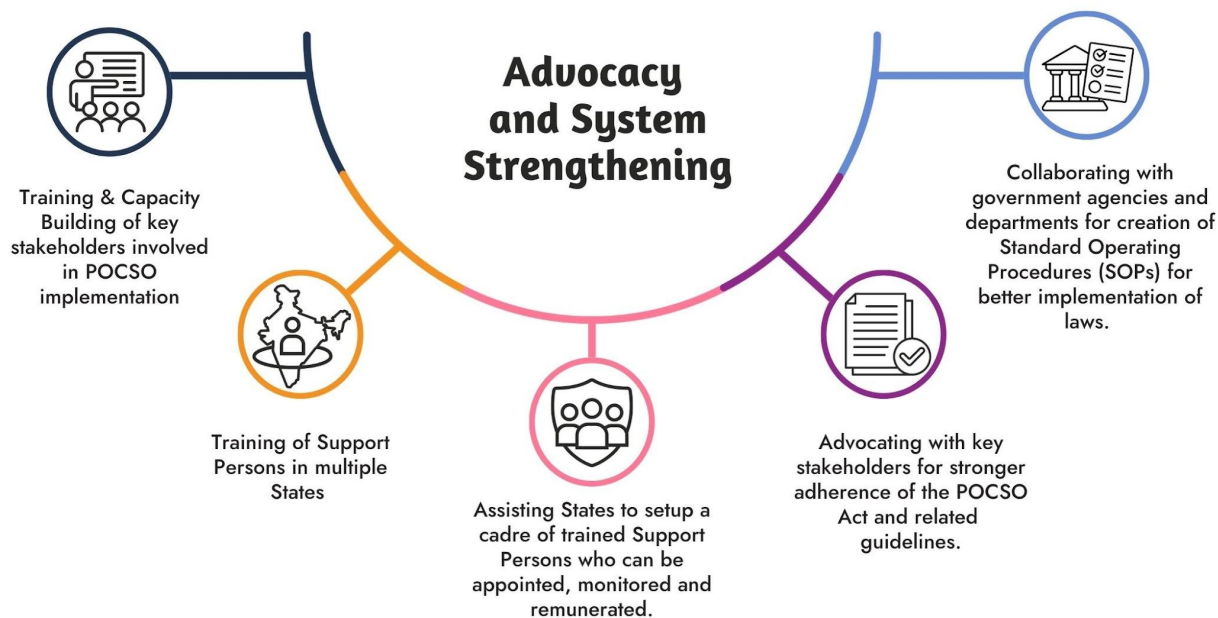
- 
Access to Mental Health Services: Six children were able to access long-term therapy or in-patient treatment this year, through referrals by Support Persons.
- 
Restorative Practices: Attempts are underway to repair relationships within families of child victims, in collaboration with Enfold's Restorative Practices team.
- 
Community Building: The team organized birthday celebrations and a year-end get-together for 24 children and caregivers to end the year with fun, games, gifts, and of course, food!

Enfold intends to continue and expand these engaging activities in the coming year to further strengthen family bonding and emotional well-being.

Capacity Building - Training & Consultations



- 🔸 **National Impact:** Team members presented at the National Consultation on Juvenile Justice at the Supreme Court of India regarding the Support Persons initiative.
- 🔸 **State-Level Training:** Conducted training for Support Persons in Chhattisgarh and ongoing capacity building in Karnataka through the Azim Premji Foundation.
- 🔸 **Internal Learning:** Launched “Cross Connections”, a weekly session for Enfoldites to deepen their understanding of law and practice.



CASE NARRATIVES

DM was a 5-year old child when she was sexually assaulted by her neighbor’s brother-in-law. The S&R team was brought into this case after the FIR was registered. While institutionalisation is the last resort, this family’s extremely vulnerable situation prompted the Child Welfare Committee (CWC) to suggest shifting DM and her younger sister into a residential Child Care Institution (CCI) until matters improved with the mother.

The Support Persons followed-up with the mother’s situation regularly and identified a suitable CCI for her children’s safety. The children attend school regularly and access mental health services to cope with their trauma. Additionally, with the help of the S&R team’s Support Persons, DM’s mother now has her own bank account in which she is saving money to reunite with her children and build their future.

VOICES FROM THE FIELD

“Enfold has been more to me than an organization; it has been a source of strength during one of the darkest periods of my life. When I was at the court for the hearings, I was so scared (I was 7 when I was abused by the school plumber at school and 8 and a half years old when the case came up for hearing). The legal procedures were so terrifying, the heaviness of my own trauma, and the raw emotional drain of pursuing justice made my mother and me feel that there was no one on our side and those were horror stricken days. But Enfold shifted that for me. They were there—not as an organization, but as caring people who provided unwavering support, expertise, and a sense of safety in a place where I felt powerless.” – Young person who we have supported since 2014 (AV)

“You being with us is like having an elephant’s strength. We could pass through very difficult moments especially on Friday n Saturday. A special mention to the support our daughter got from your team member.

Thank you all very very much.”

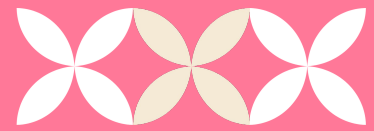
– Parent of a 17 year old child being supported by the team since December 2025

“We don’t face any difficulty in Bangalore because of Enfold Support & Rehabilitation Team. When we call them, things get done.” – District Child Protection Officer

“The involvement of Enfold’s Support Persons helped the police in engaging with the child, without which she may not have been able to provide such a detailed account of the sexual abuse that she faced.”

– Police Sub-inspector

Restorative Practices Team



Transforming Response from Punishment to Repair and Reintegration

KEY HIGHLIGHTS (2025-26)

◆ Short Program on Life Skills, Personal Safety, and Sexuality Education for Children and Staff of CCIs at Ballari and Bellagavi

The Restorative Practices and Prevention teams at Enfold collaborated to develop a curriculum and handbooks for facilitators facilitating sessions on Life Skills, Personal Safety, and Sexuality Education for children in Child Care Institutions (CCIs) and their staff. Supported by UNICEF Field Office for Karnataka & BOSCH BGSW CSR Initiative, this pioneering pilot program customized Enfold's expertise for children in difficult circumstances and in need of care and protection under the Juvenile Justice (Care and Protection of Children) Act, 2015. Two programmes on Life Skills, Personal Safety, and Sexuality Education were conducted for children aged 14–18 years from Government Girls' Homes and Government Boys' Homes in Ballari and Belagavi, as well as for the staff of these institutions. In total, the programmes reached 46 children and 27 staff members.



◆ Experiential Workshops on Restorative Circles

The team conducted two experiential workshops on Restorative Circles for grassroots civil society organisations working with vulnerable and marginalised children and youth in communities, schools, and Child Care Institutions (CCIs) in October 2025 and February 2026. The workshops, held in Bengaluru, were attended by a total of 30 participants. Through a blend of experiencing circles, games, theory, activities, and role plays, the workshops focused on exploring what it means to be a Circle Keeper and what it truly takes to walk the path of Restorative Practices.



◆ Unpacking Justice with Frontline Workers Dealing with Gender-based Violence

Between August 18th and 20th, Enfold conducted a “Reimagining Justice” workshop in Bodh Gaya, Bihar, with 25 caseworkers associated with Nirantar Trust from Uttar Pradesh and Bihar. Participants experienced Restorative Circles and explored how these practices can be applied in their work on gender-based violence, while also gaining an introduction to Restorative Justice. We engaged with the dilemmas that caseworkers navigate in the course of their work, and reflected on our own needs and feelings when we experience or cause harm. Together, we sat with difficult questions such as the role of apologies and forgiveness in justice.

Participants were also invited to facilitate Restorative Circles for one another, providing them with an opportunity to put into practice the tools they experienced during the workshop, and to better understand how Restorative Approaches can foster deeper and more meaningful conversations in their work.



“Reimagining Justice” workshop in Bihar



Workshop in Bhopal

◆ Workshop on Restorative Circles and Restorative Justice with Muskaan, Bhopal

A 4-day workshop on Restorative Circles and Restorative Justice was conducted at Muskaan, Bhopal, for 15 caseworkers and community mobilisers working with children of de-notified tribal communities. The training focused on experiential learning of Restorative Practices and Restorative Justice, while also providing participants with opportunities to build facilitation skills.

The workshop focused on experiencing Restorative Circles and building skills on how to use Restorative Questions when engaging with adolescents in the community, both those who have been harmed and those who have caused harm. We also unpacked the Social Discipline Window to understand how our responses in different situations can impact relationships, and explored practices needed to foster healthy relationships with the people we work with. The workshop concluded with participants facilitating circles for one another, giving them an opportunity to experience first-hand what it means to be a Circle Keeper.

🌟 National Conference on Reimagining Justice: Exploring Restorative Approaches in the Indian Context

Enfold Trust, in collaboration with the Department of Sociology, CHRIST (Deemed to be University), Counsel to Secure Justice, and Ashiyana Communities Foundation, organised a National Conference on Reimagining Justice: Exploring Restorative Approaches in the Indian Context on the 20th and 21st November 2025, with support from UNICEF - Field office for Karnataka.



This National Conference was an invitation to consider how Restorative Approaches (including Restorative Justice) can reshape how we understand and address crimes and conflict beyond punishment; to collectively explore Restorative Approaches as a core pillar of a just and humane response; explore existing community-based conflict resolution mechanisms and identify similarities with Restorative Principles, while exploring the practical application in the Indian context. The conference offered a blend of theoretical frameworks through paper presentations, as well as experiential workshops, and was attended by over 100 participants. If you joined us, we invite you to revisit the moments, insights, and discussions that resonated with you. If you couldn't attend, this is your opportunity to experience the conversations and be part of the dialogue:

[Conference playlist](#)

🌟 Launch of Samaadhaan Centre for Restorative Justice

On the 10th of March 2026, the team launched the [Samaadhaan Centre for Restorative Justice](#) for resolving conflict, addressing harm, and supporting reintegration.

The Samaadhaan Centre will primarily serve:

- Individuals and families, particularly from marginalized communities seeking Restorative processes to address harm, conflict, and gender-based violence.
- Survivors of sexual violence who wish to explore non-adversarial pathways to justice with healing, provided the mandatory reporting obligation does not arise.
- Children and young people in the child protection system, who are estranged from their families or significant others, desirous of repairing damaged relationships and enabling them to reintegrate into the community with dignity and support.
- Civil society organisations seeking restorative responses to harm or conflict at the workplace.

Teaching Restorative Justice at Maharashtra National Law University

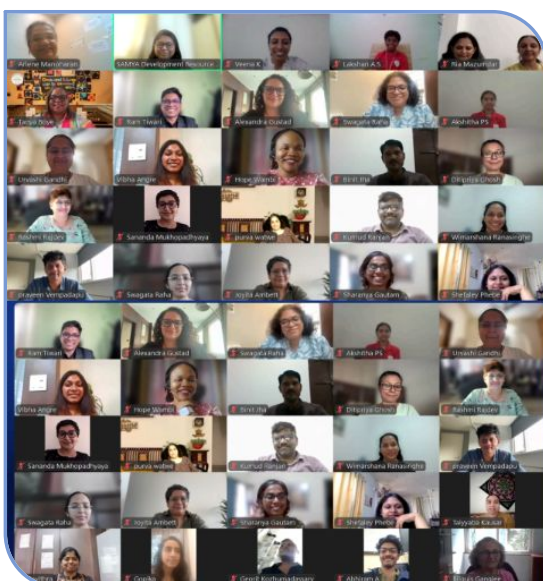
Swagata Raha and Arlene Manoharan taught a 15-hour module on Restorative Justice for students of the Master's in Mediation course offered by MNLU, Mumbai Feb-March 2026.

PUBLICATIONS & RELEASE OF REPORTS IN 2025-26

White Paper- Restorative Approaches - A Pathway to Good Schools


On 17th October, the team, in collaboration with the Coalition for Good Schools – Asia Hub and Samaya, released the white paper “Restorative Approaches: A Pathway to Good Schools,” an evidence-based paper highlighting the importance and efficacy of Restorative Approaches in Education, and how the Global South can implement these practices in schools.

A webinar was held to introduce the white paper, featuring a panel discussion with representatives from Sandeepani Academy for Excellence, the American School of Bombay, Innisfree House School, the Nepal Forum on Restorative Justice, and Bhrikuti School, Nepal. Students from these schools were also invited to share their experiences and journeys with Restorative Practices.



[Click to read](#)


VOICES FROM THE FIELD



"I was and am amazed by the power of the circle and how effective it can be. To me, each of the circles I participated gave me an opportunity to be self-reflective and authentic. I understood how important the values are part of the circle and I drew strength from the values that was co-created. My mind is buzzing with how I can apply the learnings from these 4.5 days to my personal and professional roles."

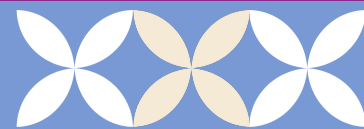
– Participant from the Experiential Training and Restorative Circles in October 2025

"The conference was most useful for showcasing different perspectives on restorative justice (RJ), clarifying that restorative circles are not the only approach." – Participant at the National Conference



"The workshop was demonstrative in nature and that helped me grasp the nuances of how the circles work practically. The environment was supportive for asking questions, expressing opinions and exploring new approaches (e.g.: the discussion on using terms or quotes that have a religious implication). All of this helped me to have a rich and meaningful learning experience. I also enjoyed the approachability of the facilitators and the detailed manner in which they covered the topics." – Participant from the Experiential Training and Restorative Circles in February 2026





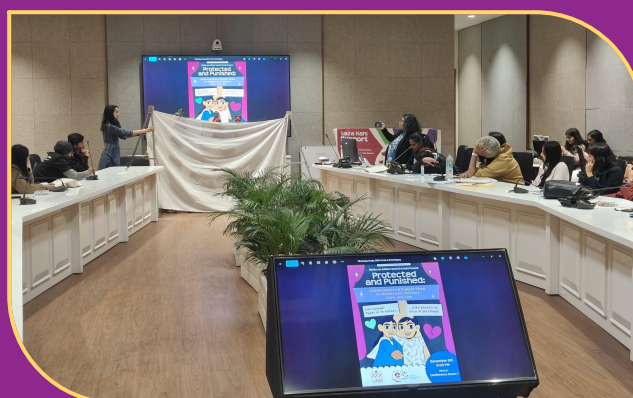
System-Strengthening through Capacity Building & Evidence-based Research

KEY HIGHLIGHTS (2025-26)

- With support from Azim Premji Foundation, 22 lawyers were selected as Legal Fellows from Bhopal, Indore, Kalaburagi, Madurai, Nainital, Tiruchirappalli and Yadgir. The fellowship is a **30-month programme aimed at promoting a systematic change in child rights litigation for children in conflict with law.**
- As part of the 5th World Congress on Justice with Children, 2025, on June 3rd, Enfold held a satellite session in the form of a panel discussion held to **legal treatment of children in conflict with the law (CICL) between the ages of 16-18 accused of heinous offences** and the implications of the procedures adopted on their rights, rehabilitation, and reintegration.
- In February 2025, Enfold launched - ***The Child Matters***, a child protection podcast that aims to break down the legal and other topics into clear, engaging discussions, while also bringing attention to ground realities pertaining to child protection..Episode 1: The Kuldeep Sengar case, is a discussion on the recent verdict in the Kuldeep Sengar case delivered by the Delhi High Court,. Episode 2: Social Media and Children in India: Regulation, Risk and Rights unpacks the discussion around the age-based regulation of children's access to social media.
- Enfold conducted **seven online capacity building sessions for around 100 frontline staff of grassroots** organisations in Bihar, Rajasthan, Uttar Pradesh and West Bengal, with support from the British Asia Trust, on child marriage, legal framework governing child marriage and its interaction with POCSO and JJ Act.



Orientation in December 2025 of lawyers as fellows who will represent children in conflict with the law, with support from the Azim Premji Foundation



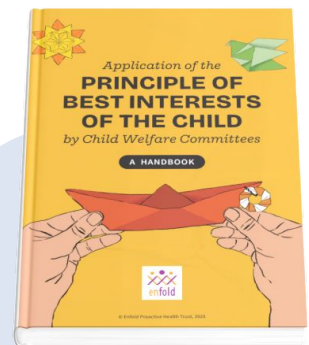
Puppet show and interaction organised by Enfold in collaboration with Mahila Jan Adhikar Samiti at the Justicemakers Mela on December 6th 2025

- Swagata Raha was appointed as **amicus curiae** by the **Karnataka High Court in two matters** related to medical termination of pregnancy involving a minor, and institutionalisation of a child in need of care and protection by the Child Welfare Committee.

As part of this, a Draft SOP was developed on Early Identification, and Timely Response to Underage Pregnancies and presented to the Chief Secretary, Government of Karnataka, and senior officials from the Departments of School Education, Health, Home, and Women and Child Development, and submitted to the High Court.

- Swagata Raha and Shruthi Ramakrishnan taught a one credit course on Adolescent Rights and Child Protection at National Academy of Legal Studies and Research (NALSAR), Hyderabad in September of 2025.

- Enfold completed a first-of-its-kind handbook providing practical and specific guidance on Best Interest Determination (BID) for Children in Need of Care and Protection. The resource features case studies, visual graphics, and is designed to be accessible to persons with disabilities.



PARTNERSHIPS AND COLLABORATIONS

- Enfold organised a consultation **“National Consultation on the Treatment of Children in Conflict with the Law as Adults: Rights Implication”** on 24-25 January, 2026 at NALSAR, Hyderabad in collaboration with iProbono, Counsel to Secure Justice, India Justice Report, Ashiyana, Juvenile Justice Clinic -NLSIU, and NALSAR.

The conference brought together diverse perspectives on the legal, psychological, and rehabilitative implications of transferring children to the adult justice system.



- Technical support was provided to the Department of Children Welfare and Special Services, Government of Tamil Nadu to **develop a comprehensive plan for operationalisation of their newly instituted Tamil Nadu Integrated Training Centre for Social Empowerment (TN-ITCSE)** that aims to strengthen work on child protection, women empowerment, elderly welfare, and transgender welfare.
- In collaboration with UNICEF-AP, Enfold was involved in drafting a Standard Operating Procedure on the Protection of Children from Sexual Offences Act, 2012 (the **POCSO Act**) for functionaries in the state of Karnataka.

4. Swagata Raha was on the advisory team at British Asian Trust for the development of **modules on Child Protection for Karmayogi**, a platform for capacity building of government employees.
5. Arlene Manoharan & Swagata Raha were appointed as **members of an expert Committee to draft amendments to the KSCPCR Rules**. They were also members of the Drafting Committee for the Karnataka Juvenile Justice (Care and Protection of Children) Rules, which was notified in 2025.
6. Enfold provided technical and documentation support for Shaurya - the Madhya Pradesh State-level Annual Stakeholders organised by the Hon'ble Juvenile Justice Committee (MP-JJC) and the Hon'ble POCSO Committee of the High Court of Madhya Pradesh, with the support of the Government of Madhya Pradesh and UNICEF on 30-31 August 2025.

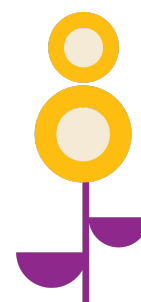
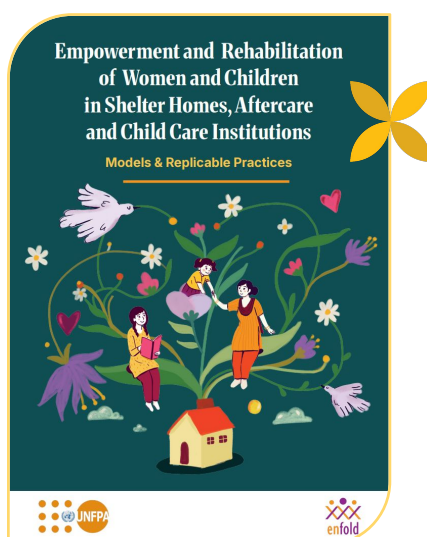
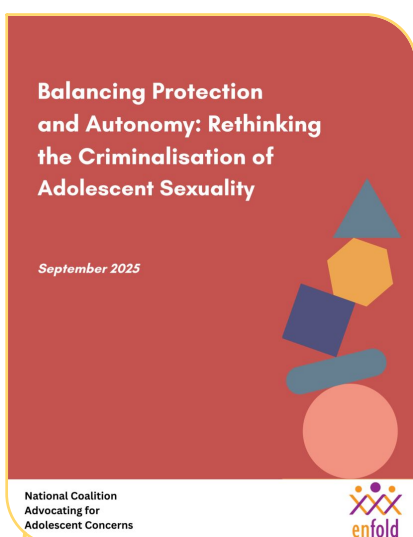
PUBLICATIONS & RELEASE OF REPORTS IN 2025-26

Balancing Protection and Autonomy: Rethinking the Criminalisation of Adolescent Sexuality

The policy brief was released in September 2025 in collaboration with the National Coalition for Advancing Adolescent Concerns (NCAAC). The policy brief outlines the implication of criminalisation, offers a framework for decriminalisation and addresses the covers impact of decriminalisation of adolescent sexuality on child marriage, cyber crimes against children and trafficking.

Empowerment and Rehabilitation of Women and Children in Shelter Homes, Aftercare and Child Care Institutions: Models & Replicable Practices

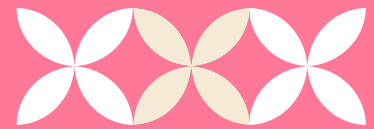
Released on 14th October 2025 with the support of UNFPA. This report documents effective rehabilitative interventions in 18 institutions for women and children across Delhi, Karnataka, Maharashtra, Telangana, and West Bengal. It explores successful strategies for the rehabilitation and reintegration of women and children who have experienced violence, abuse, abandonment, or neglect, highlighting promising programs and practices.



ACHIEVEMENT

Swagata Raha was selected for the APAC American Express Leadership Academy in Sydney in May 2025.

[Click to read](#)



Enabling excellence through Compliance, Structure, and Seamless Operations

KEY HIGHLIGHTS (2025-26)

- ◆ The leave and attendance app based software called KEKA deployed organisation wide. Now leaves are applied and attendance is logged using KEKA. This helps in salary calculation as well. The probation letters are also sent automatically now via KEKA.
- ◆ All policies were reviewed and deployed. The policies are available for employee reference on KEKA and every employee has to acknowledge the policies on KEKA as a confirmation of having read and understood them and agreeing to comply with them.
- ◆ Formal HR Wellbeing checks were conducted with all employees on a half-yearly basis.
- ◆ Weekly HR Clinics were initiated where the employees could block time with the HR Partner and reach out face to face, email or phone to discuss any areas of concerns.
- ◆ Since January 2026 the monthly convergence meeting also has an activity / game component to increase teamwork and face to face connect organisation wide. We have had competitions like Rangoli and Twinning Day, as well as sessions on Financial Planning, etc. Enfold employees have been participating enthusiastically in all events.
- ◆ We had an Enfold offsite in August 2025 where all the employees gathered for a day of team connect, fun and frolic together.



Enfold Offsite



Rangoli competition



Twinning day competition



Annual day

- ✦ To strengthen financial accounting and project-based expense tracking, we implemented the Tally Cost Centre system across all projects for better monitoring, transparency, and expense allocation from 1 January 2026.

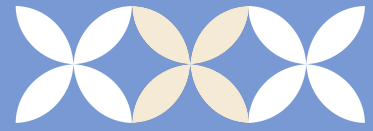
- ✦ To further enhance our understanding of accountability practices and sector standards, members of the Finance team Bhavana, Manager Finance and Bharath H M, Lead Finance attended the **National Consultation on Accountability Standards for Civil Society Organizations** in India held on 17th & 18th November 2025 in New Delhi. The consultation was highly informative and enriching, providing valuable insights into accountability frameworks and best practices followed by civil society organizations. It also offered an excellent opportunity to interact with NGO CEOs and Heads of Finance from various organizations and learn from their experiences and approaches to accountability standards.



- ✦ Ms. Geetha Nair, Director, Finance & CSR, represented the Finance team at the event **“Reimagining Fundraising: Reimagining Fundraising for a New Era”** conducted on 13th and 14th January 2026 at the ISB Campus, Hyderabad.

These learning opportunities have contributed significantly to strengthening our financial systems, accounting practices, and strategic thinking within the organization.





FOUNDERS AND TRUSTEES



Dr. Sangeeta Saksena
Co-founder



Dr. Shaibya Saldanha
Co-founder



Meena Sivaraman
Trustee



Dr. S. T. Ramesh
Trustee



Dilip Panicker
Trustee



Karuna Bishnoi
Trustee



Vaishali Pai
Trustee



Dr. CK Mathew
Trustee

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Bilquis Gangjee
Geetha Nair
Kushi Kushalappa
Pushpalatha M.
Dr. Sangeeta Saksena
Shruthi Ramakrishnan
Swagata Raha

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Vibha Angre
Gururaj GG.
Suja Sukumaran
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Adhavi Shantha
Bhavana D

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Babu K V – Manager
Serina D'Souza – Project Manager
Adhavi Shantha P – Coordinator –
Community Support and Field Work
Ume Hani Khanum – Case Coordinator
Ridhi Saksena – Case Coordinator

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Bhavana D. – Manager Finance
Bharath HM. – Lead Finance
Kavya Hegde – Finance Assistant
Lakshmi M. – Finance Assistant
Ramya S. – Finance Assistant
Nagendra – Finance Assistant
Shikha Aima – Lead HR & Operations

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Bilquis Gangjee – Director, Strategy &
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Pushpalatha M – Director Prevention
Programme
Lishya Jennifer – Senior Facilitator & Mentor
Kavitha J. Victor – Senior Facilitator
Sivasankari Ramamurthy – Consultant &
Senior Facilitator
Sanjana – Senior Manager
Gururaj GG. – Manager, Projects & Liaison
with Government
Juhi Mathew – Facilitator
Khushi Kansal – Instructional Designer &
Communication Manager
Likith – Facilitator
Liya Joseph – Facilitator
Sheryl John – Visual Content & Digital
Media Designer
Rumjhum Gupta – Multimedia Designer
Shlesha Shelly – Social Media Specialist
Laavni Saxena – Graphic Content Creator

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director
Anala Reddy – Project Manager

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Arlene Manoharan – Co-Director
 Swagata Raha – Co-Director
 Vibha Angre – Project Manager and Restorative Practices Facilitator
 Pavithra H – Restorative Practices Facilitator

RESEARCH TEAM





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 Shruthi Ramakrishnan – Associate Director
 Shivangi Puri – Project Manager
 Anne Thomas Panicker – Programme Manager
 Gopika Nangia – Legal Researcher
 Anindita Pattanayak – Senior Legal Researcher
 Ranu Tiwari – Legal Research Associate
 Vandana Venkatesh – Legal Researcher

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