

YEAR 2024

THE GLOBAL COALITION FOR IMPLEMENTING COMPREHENSIVE SEXUALITY AND PERSONAL SAFETY EDUCATION

1ST QUARTERLY MEETING UPDATE - 10TH
JANUARY, 2024



OBJECTIVE OF THE COALITION

In an effort to understand the region-specific nuances of sexuality and personal safety education, barriers, and possibilities, this coalition brings together stakeholders from several nations.

Promoting comprehensive sexuality and personal safety education needs a 360-degree approach that requires all stakeholders - including adolescents, young adults, parents, teachers, counsellors, social workers, community based organizations, health professionals, internet and content developers, online media, print media, movie directors, song writers, advertising agencies, corporates, religious, spiritual leaders, law enforcement and policy makers, and governments - to be an active part of promoting it. Therefore, the coalition aims to have representation from diverse professional and non professional backgrounds.

The members will have a platform to share their experiences and voice the support they need from the Coalition in order to promote this education among individuals, families and institutions in their country. Campaigns could be designed and amplified at a global level through collaborative action of the members. Advocacy could be done with governments and institutions with greater strength

AGENDA OF THE 1ST QUARTERLY MEETING

- Presentation about the significance of Comprehensive Sexuality and Personal Safety Education.
- Sharing the findings of the White Paper (draft) - including challenges in implementation.
- Discussion on the term sexual - its origin and the way its been perceived
- Discussion on child sexual development.
- Actionable items for the year.

MEMBERSHIP OF THE GLOBAL COALITION -

120

participants joined in for the 1st quarterly meeting from across Canada, India, Myanmar, Nepal, Pakistan, Thailand and United States of America.

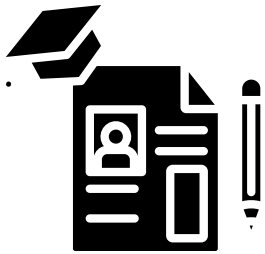
Attendees at the first quarterly meeting were drawn from diverse professional backgrounds.

INDIA HAD PARTICIPATION FROM 20 CITIES -

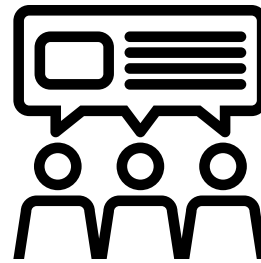
- Ahmedabad
- Bangalore
- Bhavnagar
- Bhopal
- Chennai
- Coimbatore
- Delhi
- Dehradun
- Faridabad
- Kakinada
- Kochi
- Lucknow
- Mumbai
- Meghalaya
- Madhya Pradesh
- Narmada
- Pathanamthitta
- Rewari
- Surat
- Theni

Dr. Sangeeta Saksena, the co-founder of Enfold Proactive Health Trust presented the significance of Comprehensive Sexuality Education and the origin of sex, sexual beings and the different factors that contribute to the shame and stigma associated with it. The aspects she emphasised on is illustrated in the following slides.

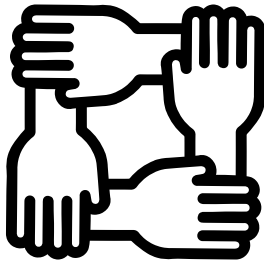
The Significance of Comprehensive Sexuality Education and Personal Safety Education



Curriculum based learning



Discusses cognitive, emotional, physical, and social aspects of sexuality



Supports informed choices and enables agency



Rights based



Encourages one to be a safe responder and active bystander

The origin of sex, sexual beings was discussed

The screenshot shows a Zoom meeting interface. The main content is a presentation slide titled "Sexual Beings" in purple text. The slide is divided into three sections: "Sex - Etymology", "Sexual - Physiology", and "Sexual Beings".

- Sex - Etymology**
 - From Latin *sexus*, *-ūs*, which comes from a root *sec-* meaning "cut" (section, segment) original meaning was "division", which shifted to "the division between men and women biological sex".
 - Adjective *sexuālis*, *-is*, *-e*, "pertaining to the sexes", as in "sexual reproduction"
 - This adjective got associated with the act of sex through phrases like "sexual intercourse"
- Sexual - Physiology**
 - All those stimuli (visual, auditory, touch, smell, taste, thoughts) that cause stimulation of sexual parts of the brain, which in turn lead to certain feelings and increased blood flow and nerve sensitivity of the genitals and other parts of the body.
- Sexual Beings**
 - Beings that have the capacity to perceive and respond to sexual stimuli.

At the bottom of the slide, there is a reference: "Berglund H., Lindström M., P. Savic I (2006) Brain response to putative pheromones in lesbian women. Proc Natl Acad Sci USA 103 8269–8274".

On the right side of the screen, there is a video gallery with three participants: Dr Sangeeta Saksena, Enfold, Beng; Preeti Sapra (Sr. ISL Interpreter); and Pinkey ISL Interpreter. Below the gallery, the name "Kavitha Victor" is visible, along with a small video thumbnail of her.

The Zoom interface at the bottom shows various controls: Mute, Start Video, Security, Participants (109), Share Screen, Summary, AI Companion, Reactions, Apps, Whiteboards, Notes, More, and a Leave button.

Commonly asked questions by the participants

"Being a teacher, how to explain sexual terms to the students and individuals?"

"If sexual changes should not explained separately for males and females. How this can be taught in a more inclusive manner"

"How to reduce the myth related to sexual terms and issues?"

SHARING OF THE FINDINGS FROM THE WORKING WHITE PAPER - IMPLEMENTING COMPREHENSIVE SEXUALITY AND PERSONAL SAFETY EDUCATION

Likith R S, sexuality educator, facilitator at Enfold Proactive Health Trust, presented the findings from the working white paper on implementing comprehensive sexuality education and personal safety education that includes recommendations and suggestion from members of the Global Coalition. So far, the findings from the working White Paper suggest the following -

91.4%

32 respondents of the total respondents recognised the importance and necessity of incorporating CSE and PSE in schools and colleges.

5.2%

2 respondents weren't very sure, probably because they wanted to further look into the details before endorsing it completely.

2.9%

provided no response

The screenshot shows a Zoom meeting interface. The main content is a presentation slide titled "White Paper 2024" with the subtitle "Implementation of Comprehensive Sexuality and Personal Safety Education". Below the title, it states "Recommendations include suggestions received from 35 members of the Global Coalition". At the bottom of the slide is an illustration of five diverse people holding hands. The Zoom interface includes a top bar with "Recording...", "You are viewing Antara (She/Her)'s screen", and "View Options". On the right, there are video thumbnails for "Antara (She/Her)" and "Preeti Sapra (Sr. ISL Interpreter)". At the bottom, a "Participants (102)" list is visible, showing names like "Kavitha Victor (Co-host, me)", "Antara (She/Her) (Host)", "Dr Sangeeta Saksena, Enfold, Beng...", "Likith R S (He/Him) (Co-host)", and "Pinkey Isl Interpreter (Co-host)". The bottom toolbar contains icons for "Unmute", "Start Video", "Security", "Participants", "Share Screen", "Summary", "AI Companion", "Reactions", and "Apps".

SHARING OF THE FINDINGS FROM THE WHITE PAPER - IMPLEMENTING COMPREHENSIVE SEXUALITY AND PERSONAL SAFETY EDUCATION

- Challenges
 - Religious and cultural beliefs
 - Taboos and myths
 - Lack of awareness and misconceptions due to various external influencing factor
 - Attitudinal concerns

The link to the working White Paper can be found [here](#) for readers to add comments.

The White Paper will be released on the 15th of February, 2024.

Comments and suggestions can be added in this [document](#) till the 31st of January, 2024.

DISCUSSION ON CHILD SEXUAL DEVELOPMENT -



Sexuality: 3-7 yrs

Interest in physical sensation. Rubbing of genitals for pleasure. Fascination with words denoting genitals and excretory functions. Jiggling of buttocks and other bodily functions.

- Increased curiosity about differences between boys/girls.
- Beginnings of peer sexuality explorations, including genital examining.
- Imitate adult social and sexual behaviors, such as holding hands and hugging, kissing, acting as "doctor", looking at other children's genitals and showing theirs. They may also engage in

Participants (112)

Name	Role	Mute	Video
KV	Kavitha Victor (Co-host, me)	Unmute	On
Antara (She/Her)	(Host)	Mute	Off
DS	Dr Sangeeta Saksena, Enfold, Bengaluru	Mute	Off
LR	Likith R S (He/Him)	Mute	Off
PI	Pinkey Isl Interpreter (Co-host)	Mute	Off
AN	Aarushi, Niranjar (She/Her)	Mute	Off
AC	Abha Choudhuri	Mute	Off
Alli		Mute	Off
AK	Amey Kuo	Mute	Off



Sexuality: 8 to 12 yrs

Children usually have heard about sexual intercourse, rape and abuse, and they want to know more about all these things. The idea of actually having sexual intercourse, however, is unpleasant to most adolescent children. They tend to play with friends of the same gender and are likely to explore sexuality with them. Same-gender sexual behavior is unrelated to a child's sexual orientation.

• PUBERTY •

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Commonly asked questions by the participants

"Please give insights on touching each other's genitals (boys-boys) in public for fun"

"How to teach adolescents about the difference between attractiveness and love?"

"Who is the best person to talk to children about CSE?"

ACTION ITEMS FOR THE YEAR 2024 -

- **Increasing membership to the coalition.**
- **Region specific conversations about sexuality and personal safety education.**

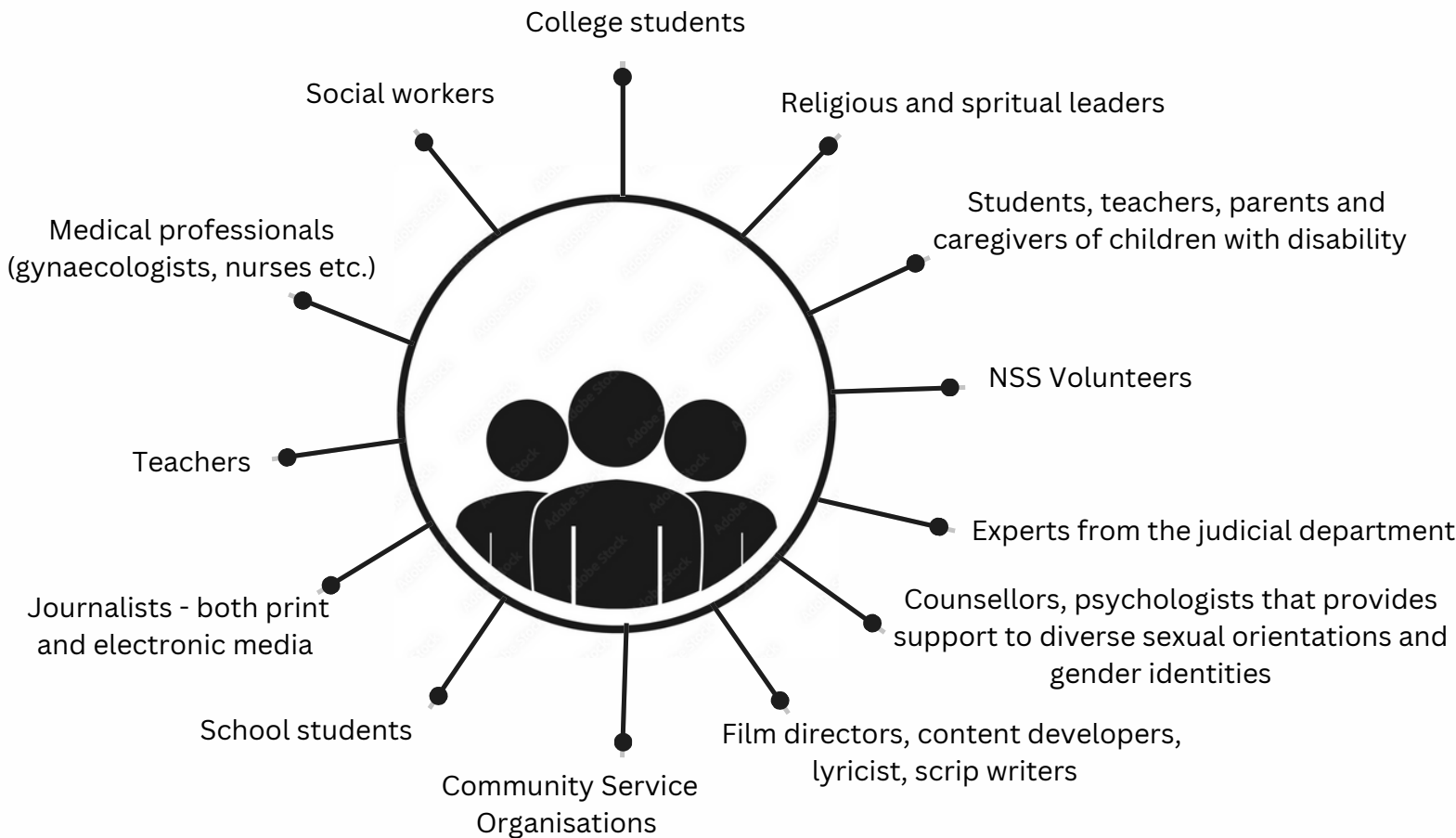
Comprehensive Sexuality Education and Personal Safety Education is a need in every region of India, and abroad. It requires a 360 degree approach and participation from everyone to create a safe space for children.

It requires a network of people to create a safe and non judgemental space that would enable conversations about sexuality and personal safety of children and adolescents.

PHASE 1 -

OF IMPLEMENTING COMPREHENSIVE SEXUALITY AND PERSONAL SAFETY EDUCATION

City wise - Nodal Network



Through this coalition, we aim to create a network of nodal coordinators who will champion the cause of promoting and, or implementing comprehensive sexuality and personal safety education in their region. This **network will include adolescents, young adults, parents, teachers, counsellors, social workers, community based organizations, health professionals, internet and content developers, online media, print media, movie directors, song writers, advertising agencies, corporates, religious, spiritual leaders, law enforcement and policy makers, and governments.** They together will act as the safety net for children, and adolescents to share their concerns, and support them with their needs.

PHASE 1 -

OF IMPLEMENTING COMPREHENSIVE SEXUALITY AND PERSONAL SAFETY EDUCATION

Each region will appoint nodal coordinators across various sectors to oversee the consistent facilitation of dialogues, awareness-building sessions, and conversations, ensuring sustained focus on sensitivity regarding sexuality-related topics.

Interested members to become nodal coordinators for their region can reach out to us on antara.buzarbaruah@enfoldindia.org. They will receive an acknowledgement letter on behalf of the coalition.

THANK YOU

To know more, click on [this link](#) -
or

Reach out to
antara.buzarbaruah@enfoldindia.org