

Creating Safer Spaces: Combining Personal Safety Education with Immunisation of Children

The aim of personal safety education is to develop respect for our own and others' bodies and bodily functions (not harbour shame), and respect each person's sense of privacy and consent. Understand sexual safety. Listen to and support the victim to heal. Hold the offender responsible and accountable.

The aim of sexuality education is to support a person to accept and respect their sexuality, experience it without guilt, and express it with responsibility - that is, without harm to self or others.

Age	Vaccination	Head circum.	Weight	Due date	Date given	Personal Safety Education
12 mths	Hepatitis A-1					1-2 years: name all parts of the body . Use unambiguous words for genitals and anus that you are comfortable using -susu/potty place/genitals/vulva/penis/anus/buttocks - in the language spoken at home
15 mths	Vericella 1					Children touch and explore their own genitals . This is a normal part of a child's sexual development.
	MMR 2					Do not shame or punish the child . Ignore it if in a private setting. Distract the child if the child is in a social setting
	Pneumococcal (PVC) booster					Refer to Prevention Tab in Bal Suraksha App on how to talk about personal safety in an age-appropriate manner from 0-2 years and onwards . Free download in 10 languages on Google Playstore
16-18 mths	DTwp/ DTaP Booster 1					
	IPV Booster 1					
	HIB Booster 1					
	Hepatitis A2					

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2 years	Typhoid (TCV) Booster					Start explaining clothing, touching, and talking rules. Refer to Surakshith App - free download in 11 languages.
4-6 years	DTaP/ DT wP B2					Teach the child to clean the genitals by themselves. Socio-sexual play: children touch and explore the genitals of their peers until almost 5-7 years. This is a normal part of their sexual development. Ignore it. Later, explain to the child that we often play like this as young children. But no one older should join in this game , and it's not Ok to force any child to play this game if they don't want to. Socio-sexual play among peers is an exception to Personal Safety Rules. Talk about Safe Adults, Refer to the Surakshith App .
	OPV 3					Answer the child's questions about how babies are made and childbirth as and when asked, using clear, easy-to-understand words. Refer to the Bal Suraksha App Prevention Tab on how to do so. Free download in 10 languages on Google Playstore
	Varicella 2/ MMR 3					Explain: while children often explore each other, it's not ok to force a child to join the game of mutual exploration.
10-12 years	Tdap/ Td					Explain pubertal changes. There is no shame in any part or function of the body. We can respect every part of the body.
	HPV 1/ HPV 2					Explain the structure and function of the human sexual and reproductive system respectfully, using scientific terms.

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