

Programs for Teaching and Non- Teaching Staff

One in two child respondent reported sexual abuse in a study of over 12 thousand children in 13 States (Child Abuse Study by the Ministry of Women and Child Development, Govt of India and UNICEF, 2007). 21% reported severe sexual abuse.

Even though majority of victims remain silent, their suffering manifests in different ways. An aware and sensitive teacher can offer help and support to these children in an empowering and just manner. Enfold's Personal Safety Program is in keeping with WHO's and UNICEF's global objectives and implementation strategies for prevention of child abuse.

Our students also face issues like depression, stress, taunting and cyber bullying, gender based violence of various degree at home or in the community. Older students grapple with pubertal changes and pressures of peers and the media. Teachers need a holistic, Life Skills based and a sound knowledge of child sexual development and sexual violence to be able to support students of different ages.

Enfold offers a holistic, experiential program for teachers based on its rich experience with over 1.5 lakh students since 2002. The program consists of 3 modules, each consisting of a suite of 3 sessions of 2.5 hours each.

Details and Value of the Program for Teaching and Non Teaching Staff

A. Life Skills for Student Development - 3 sessions

- Self-awareness and Self-esteem:
- Managing Emotions
- Communication and Empathy

Rationale

Students pick up life skills by watching others - especially how teachers interact with them and other students. Hence it is important for teachers to keep this in mind in their day to day interactions including casual remarks. These can impact students' sense of self esteem. Students often face emotionally challenging situations while at school. In such situations students need an empathetic and skilled teachers who can help them communicate and manage their emotions without causing harm to self or to others.

B. Classroom Management - 3 sessions

- Positive Disciplining and Motivation
- Anger Management
- Studying Without Stress

Rationale

Teachers often face the most challenging situations in the classroom - maintaining discipline, handling anger outbursts and motivating students to bring out their best in academic and non- academic performance. Age old method has been based on reward and punishment - both of which are not designed to inculcate self -discipline or self motivation. Learning what works best in such situations would help teachers enormously in their onerous task.

C. Sexuality and Personal Safety - 3 sessions

- Sexuality and Gender
- Understanding Adolescence
- Child Sexual Abuse and Personal Safety - including awareness of POCSO and Karnataka State Child Protection Policy – for teaching and non-teaching staff

Rationale

Personal safety education could reduce child sexual abuse, which is rampant in India. Discussion on sexuality would help adolescents navigate puberty with dignity. However, due to social taboos, Teacher Training courses often lack effective, indigenously developed, culturally appropriate educational material on sexuality and safety education for school children and adolescents. This program discussed sexuality as an everyday, lived experience of an individual, whatever his/her age. It talks about how to express and experience it as a natural, normal part of one's life, be responsible for one's actions and be aware of and respect one's and the other's right to safety and dignity.

Upon completion of program Teachers and Non teaching staff will be:

- More empathetic towards students. They would be able to handle their questions about the body and self-image, gender and sexuality appropriately and with greater ease. This is likely to encourage children to approach their teachers more freely and increase reportage
- Teachers will be able to enumerate Personal Safety Rules that need to be taught to children from a young age.
- Teachers and non-teaching staff will understand their roles and responsibilities under the POCSO Act.

Do call / mail us at info@enfoldindia.org to learn more and conduct these programs at your institution