

Diploma and Postgraduate Diploma

A. Life Skills, Sexuality and Reproductive Health.

This is a 1 year part time evening course, offered in association with the Department of Psychology at Christ University (since 2011).

It is open to Graduates and Post Graduate students.

These courses provide in-depth scientific knowledge on the relevant aspects of Life Skills, and Sexuality, Child and Adolescent Psychology, Child Sexual Abuse and Sexual Harassment, Reproductive Health

B. Diploma/ Post Graduate Diploma in Life Skills for Leadership and Community Development

This 1 year part time evening course is offered in association with the Department of Social Work at Christ University from June 2017. It is open to Graduates and Post Graduate students.

It aims to impart Life skills education through a combination of theoretical inputs and practical application in community based interactions. The programmes are being offered to all individuals in the community who may be interested in learning life skills for both personal and professional use.

The value

The courses enable students to learn and practice Life Skills in their day-to day life and builds their capacity to bring about a positive change in their relationships, family and community.